



# rookie league

**Always wanted to give curling a try but did not want to be the only beginner?**

Our Rookie League is for you! Here are the details:

- The Rookie League is held on Saturday's from 3:30pm to 5:30pm. The cost is \$150 plus gst for the whole season and we supply all the equipment needed at no charge!
- The season is made up of 12 games, Oct. 20 and 27 - Nov. 3, 17 - Dec. 1 and 8, Jan. 19, Feb. 2, 9, 23 - Mar. 9, 23
- The first few weeks of the season instructors will work with you in groups to teach you all the techniques and strategies of curling. Instruction will be at the start of the session with some game play to finish off each session.
- The rest of the season will be where you will be put on teams and play games.
- 6 end games are played and instructors are still present to monitor the games and offer help to the curlers. There are always qualified instructors on the ice with you to help make your curling experience a terrific one!
- We will then help you form or find a team to play on in one of our Women's, Men's or Open Leagues.



**To sign up or for more information call the Lethbridge Curling Club at 403-327-1213**